

Choco's Window Safety Tips



A Safety Workbook
for Kids



Pediatric falls are the leading cause of injury-related emergency visits for children 5 years old and younger.

Falls from windows are dangerous and can cause serious, possibly fatal injury.

Did you know that the most common age for falls from windows is at 2 years old? It is never too soon to protect your children. Here is what you can do:

- 1** Do not trust the window screen to keep your child safely inside. Window screens are to keep bugs out. They are not strong enough to keep children in.
- 2** Do not open a window more than 4 inches. Children can squeeze through an opening and fall.
- 3** Install a window lock to prevent a window from opening more than 4 inches or install a window guard to allow air flow and keep children safe at the same time. You can find these at a hardware store.
- 4** Move furniture away from windows to prevent children from climbing up to the window.
- 5** Keep windows closed and locked when not in use.
- 6** Never move a child who appears to be seriously injured after a fall- call 911 and let trained medical personnel move the child with proper precautions.

Do you have more questions about how to keep your child safe at home? Contact the CHOC Community Education Department at 714-509-8887 or learn more at choc.org/safety.





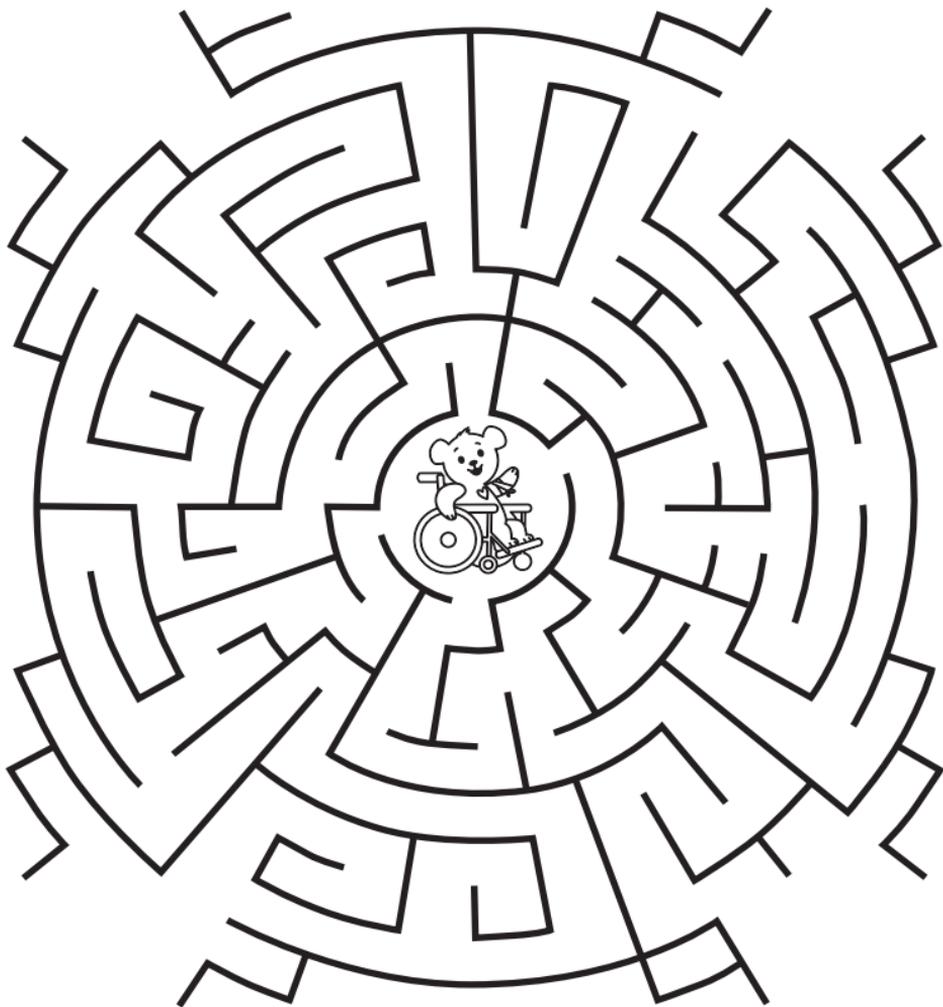
Follow along and color with Choco while you learn ways to stay safe from falls at home.



**Don't play or climb on
furniture near windows.**



Don't lean on screens.



Use a window guard or window lock for safety.



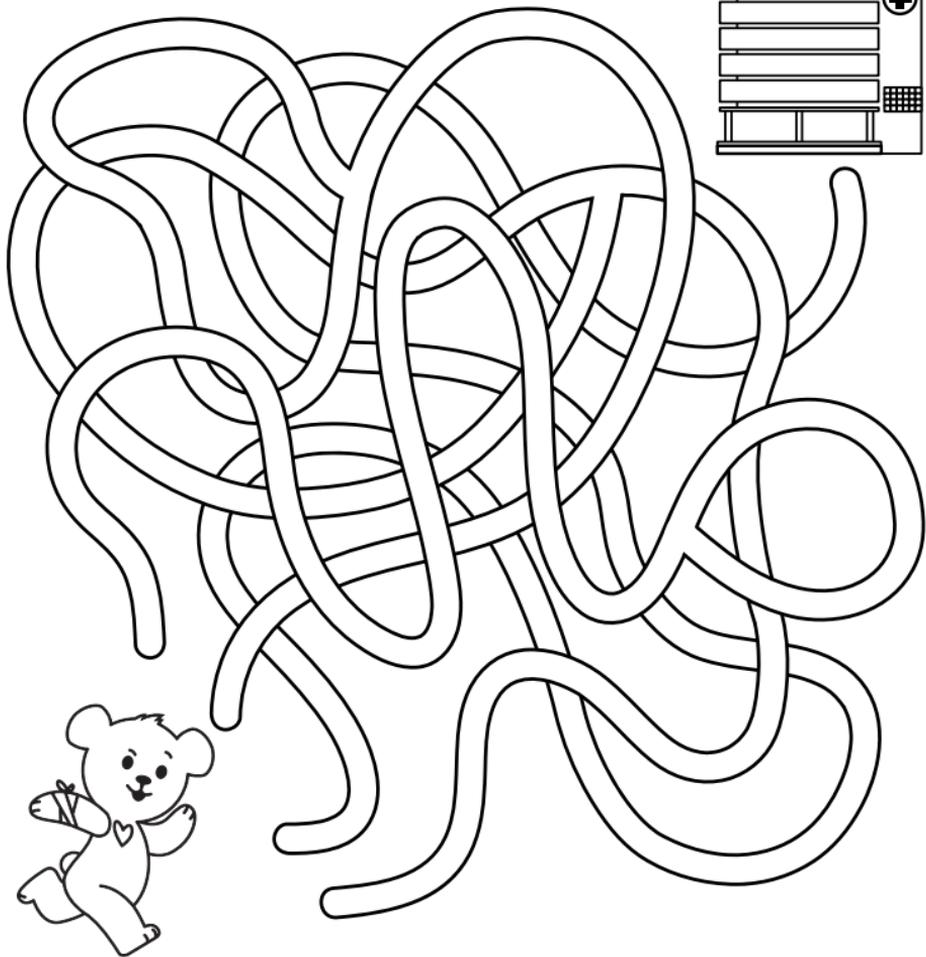
**Screens keep bugs out,
not kids in!**



**Play safe! Keep furniture
away from windows.**



Follow the 4-inch rule: Never open windows more than four inches.



**Find more safety tips at
choc.org/safety**

List ways you can stay safe at home.

Let's Have Fun!



Bookmarks

Color, Clip, Save and Remember!



Play Safe!



Keep beds and all furniture away from windows.



Make it Safe!



Install a window lock or a window guard.



**Brought to you by CHOC Trauma Services
and Community Education**

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1

2

3

4

Follow the 4-inch rule: Never open windows more than four inches.



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