



# MEDICAL CARE ROADMAP

WHERE TO GO FOR CARE BASED ON YOUR CHILD'S SYMPTOMS

## Other symptoms

- Fever
- Rash
- Cough or wheezing
- Difficulty breathing
- Vomiting
- Diarrhea
- Sore throat
- Ear pain
- Abdominal pain
- Limb pain
- Painful urination
- Injuries: sprains, strains, simple cuts that may need stitches, bruises
- Allergic reactions



### Your primary care provider

\_\_\_\_\_  
*Name*

\_\_\_\_\_  
*Phone number*

\_\_\_\_\_  
*Address*

### Preferred urgent care

\_\_\_\_\_  
*Phone number*

\_\_\_\_\_  
*Address*

## Emergency symptoms

- An infant less than 28 days old with a fever of 100.4 or more
- Weakness/numbness on one side
- Severe chest pain
- Severe difficulty breathing
- Slurred speech
- Serious burns
- Head injury
- Eye injury
- Seizure
- Severe cuts
- Bleeding that won't stop
- Change of mental state



### Your emergency department (ED)

\_\_\_\_\_  
*Address*

If there is no time to call the doctor or drive to the ED and minutes count, call 911 immediately.

### 1-844-GET-CHOC

Call our free nurse helpline 8 a.m. to 11 p.m., Monday through Friday, to get answers to your questions about your child's health.